

October
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5 Things to Know About Kids Who Bully

“Bullying is a form of unprovoked, aggressive behavior that involves a real or perceived power imbalance” (Aldebot-Green, Garcia, & Terzian, 2013). Bullying comes in a variety of forms, including physical, verbal, social, and cyberbullying. We know bullying is a serious issue in schools, and affects kids of all ages. There are many programs to address bullying, but one important piece of stopping this negative behavior is understanding why kids bully. In a recent newsletter, Child Trends listed five things parents, teachers, healthcare professionals, and anyone working with children need to know. Click on the Child Trends Logo to see them!

Aldebot-Green, A., Garcia, K., & Terzian, M. 2013. 5 things to know about kids who bully. Child Trends.

The Update is a monthly web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted once a month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

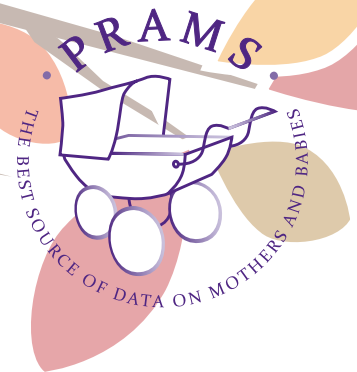
Important Stuff

PRAMS, the survey that goes out to 150 new moms each month, now has informational brochures to share. Brochures are directed to inform moms about the survey and encourage her to complete the survey if she receives it. Both English and Spanish versions are available. If you would like copies, please contact Sarah Mauch or Jennifer Pham at sarah.mauch@idph.iowa.gov and jennifer.pham@idph.iowa.gov. For an electronic copy of the brochures, click on the buttons to the left:

Parent Brochure -
English

Parent Brochure -
Spanish

Provider
Brochure



**Did you miss the Iowa
ACEs Summit?**

All materials are available on the website at
www.iowaaces360.org.

**Have you seen the new
MCH/FP Regional Map?**

[Click here to open a copy!](#)

**There's a new CH-EPSDT
Map!**

[Click here to see it.](#)

[Click HERE](#) for the application for the Marketplace from the Department of Human Services, and [HERE](#) for an informational letter regarding the application

Data Integration Project Update

The Bureau of Family Health and the Oral Health Center are working to create an integrated electronic data management system to include case management, referral management, risk assessment, billing, and client and population-level reporting. This system will replace existing separate systems to better meet the needs of the state, our contractors and our clients. The first step in this project was to understand the benefits and limitations of our existing data systems, as well as opportunities for change. A needs assessment was conducted with state program administrators, agency contractors, and care coordinators in Spring of 2013. Findings were presented at the 2013 MCH fall conference.

IDPH Welcomes the New MCH Oral Health Consultant!

The Bureau of Oral and Health Delivery Systems would like to welcome Steph Chickering as our newest oral health consultant! Beginning October 1 Steph will be the lead oral health consultant for MCH contractors in Region 5 and the coordinator of the expanded School-based Sealant Program. Steph joined the bureau August 19th after 2 years as the I-Smile™ Coordinator at Warren County Health Services. She brings with her a tremendous amount of first-hand experience which staff feel will truly be an asset to the bureau and the I-Smile™ Program. When asked how the move to state staff is going Steph replied, "I am excited to be bringing a local public health perspective to the state level. I am thankful and honored to be working with such a wonderful team of highly respected and valued oral health professionals."



Regional Meeting Recaps



Iowa Household Health Survey Medical Home Report

In October, the Iowa Household Health Survey (IHHS) Medical Home Report was published by the Iowa Department of Public Health and the Public Policy Center. First conducted in 2000, the purpose of the IHHS is to assess the health and well-being of children and families and to explore early childhood issues in Iowa. It is the only state survey in the US specifically focused on child health. Survey topics include health status, access to care, dental

care, behavioral/emotional health, emergency room use, medical home status, physical activity and nutrition, substance abuse, and social determinants of health. The Insurance Medical Home Report explores whether or not children in Iowa are receiving care that meets the definition of a medical home and the factors related gaps in the quality and comprehensiveness of their care.

About 80% of children in Iowa meet the criteria for having a medical home. However, the children most in need of a medical home, those with special healthcare needs are significantly less likely to have a medical home (71% compared to 82%). Differences were also apparent base on race/ethnicity, where more white children in Iowa have a medical home compared to African-American children. Only half of African-American children receive health care that meets the definition of a medical home. Insurance status is also significantly related to medical home access, where over 80% of privately insured children meet the criteria, compared to only 70% of publicly insured and 60% of uninsured children do so. For the complete Insurance Report, as well as other IHHS reports please visit: <http://ppc.uiowa.edu/health/study/iowa-child-and-family-household-health-survey-ihhs>. A webinar providing an overview of the report as well as initiatives to increase access to medical homes is located here: http://www.idph.state.ia.us/hpcdp/family_health_publications.asp.



Calendar at a Glance

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

We Need Your Feedback!

Do you like what you see in The Update, or have suggestions for improvement? Please take a moment to fill out this short survey to let us know what you think. We would love to hear how The Update can be enhanced to improve communication surrounding maternal and child health and family planning.

[Click here to take the survey!](#)

MIHOPE Evaluation Kickoff Event!

The Mother and Infant Home Visiting Program Evaluation (MIHOPE) is a legislatively mandated, large-scale evaluation of the effectiveness of home visiting programs funded by MIECHV. It will systematically estimate the effects of MIECHV home visiting programs across a wide range of outcomes and study the variation in how programs are implemented.

MIHOPE includes four evidence-based home visiting program models: (1) Early Head Start-Home Visiting, (2) Healthy Families America, (3) Nurse-Family Partnership, and (4) Parents as Teachers. Two of these models are also included in the related **MIHOPE-Strong Start** study, which examines birth outcomes for women who are enrolled in Medicaid.

The kickoff event for contractors and the MIHOPE evaluators will be October 29th and 30th.

